WINTER FUNDRAISING IDEAS Here are just a few ideas to give your fundraising a boost this Winter to help beat cancer sooner.

NEW YEAR, **NEW START IDEAS**

Offload unwanted gifts! Sell your unwanted Christmas presents and donate the funds to Cancer Research UK.

Dryathlon

sign up as a Drathlete and get sponsored to go alcohol free for January.



Sugar Free February

Resist those sweet treats. conquer those cravings and feel better than ever by giving up sugar for the whole of February.

VALENTINE'S **DAY IDEAS**

Sell roses Take pre-orders for real or chocolate roses. Source donated or discounted ones for a bigger fundraising total.

Secret delivery service

Give cupid a helping hand and deliver cupcakes and messages in return for a donation.

Valentines raffle

Source raffle prizes to share; resturant gift vouchers, spa visits, chocolates, bottles of wine, cinema tickets, a romantic DVD.

WINTER **CHALLENGES** AND CAMPAIGNS

World Cancer Day Get your Unity Band and wear it proudly on 4 February.



Mini Winter Olympic Games Celebrate the Winter Olympics by holding a mini Olympic games competition in your office, with friends or at your school.

The Great Row

Join the nation's biggest indoor rowing challenge and pull together to beat cancer sooner this winter



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Have a quiet night in

donate the money you would have spent on a big night out to Cancer Research UK.

Auction of promises

Auction promises to the highest bidder to make the tea for a week, to walk the dog, or do that task no one else wants to do.

Take on a new challenge

Take on a Tough Mudder obstacle course, an Ultra White Collar Boxing challenge or even walk the Great Wall of China!

> CANCER **RESEARCH** JК